



# CHRISTMAS IS ABOUT GIVING



## MAMA TENDO

**C**hristmas is about gifting, it is about love, and it is about caring for the people you love. As we approach Christmas in a few weeks' time, one of the big ingredients of the season is buying and giving gifts. This is the time to start packing your Christmas gifts for the people you love.

I have also come to learn something in life: your gifts need not be expensive. All they need to be is thoughtful and meaningful to the people who receive them. Let us encourage the spirit of giving and sharing in our homes this Christmas season. Giving is for everyone in the household, and everyone can have something to give, however small it may be.

Let us encourage this in our homes. It is not only parents who buy gifts for children and everyone in the household; let us also encourage children to give gifts to people in the home. Let us encourage them to save up or work to earn a little money to buy the gifts. The focus is not on the gift itself, but on the spirit behind the giving - thinking about others. These things strengthen family bonds.

Let us encourage the children to label the gifts and to present them to each other in a loving manner.

Even a two-year-old can learn gift-giving. Let us not forget our grandparents; the children should get them gifts, show love and support this Christmas. This is especially important today because culture is changing and the youth may not always value the elderly.

So, honour your family this Christmas and thank them for supporting you throughout the year.