## COMMENTS FROM OUR READERS > WITH STEPHEN OTAGE

## What do you have to say about the diabetes burden?



Ambrose Naturinda, Medic

Patients usually come for emergency care when the situation is out of control, the patient comes when the sugar levels are either too low or too high. People under medication need to monitor their sugar levels.



Dr Jennifer Zungu Mugisha, Medic It is more manageab

It is more manageable when it is discovered early. About 2.2 percent of the population has diabetes with a family history. You can know what food to eat and what to avoid.



Robert Mugabe Muhoozi, Accountant I have an elder suffering from it and I am helping her.



Ivan Sendege, Accountant
If detected early, it can be
managed. A number of people suffer from it worldwide.
People need to know their
status so as to manage it. You
can lead a normal life if is
well-managed.