

Mugabi inspires youth at Future stars multi-sport camp in Gayaza

By Samuel Tebuseeke

Simon Mugabi, the CEO of the Uganda Badminton Association, has encouraged young athletes at the Future Stars 10-Day Multi-Sport Residential Holiday Training Camp to treat the program as the beginning of their journey to sporting excellence. The camp, which brings together both girls and boys, is taking place at Gayaza High School and Gayaza Junior School.

"This is the perfect time for you to commit to sports because you are in your holidays. Consistency is key if you want to become a future star," Mugabi told the participants during a session with the badminton group.

Mugabi, who also serves as Vice President of the Badminton Confederation Africa in charge of Development and Events, commended the Future Stars organisers for creating an environment that



Mugabi demonstrates to the kids how badminton is played

helps children discover their potential by exposing them to multiple sports disciplines.

"Many children don't know where their strength lies. It is important to let them explore different sports so they can find their natural abilities. Future Stars is on the right

PHOTO BY SAMUEL TEBUSEEKE

Gayaza Junior School.

Running until December 17, the camp has attracted children from across the country who are training in nine sports disciplines: football, netball, badminton, basketball, table tennis, lawn tennis, swimming, chess, and scrabble.

To accommodate families within Gayaza and neighbouring areas, organisers introduced a flexible day-program option, allowing parents to drop off and pick up their children daily.

Beyond sports training, participants are engaging in sessions on career guidance, mental health awareness, first aid and CPR, and safeguarding in sports.

The camp is powered by Vision Group and supported by the Wakiso district sports department. Other sponsors are Prestige Margarine, UMC Victoria Hospital, Sumz Snacks, and MTN MoMo.