

Nsasa residents celebrate health and unity

By Samson Ssemakadde

Residents of the new Nsasa estate in Nsasa Village, Kira Municipality, are celebrating the continued success of the community sports gala, now in its third edition. Launched three years ago, the initiative has not only boosted social cohesion but also improved health and fitness among participants, helping reduce chronic illnesses in the area.

The event, held on Sunday at the Supotsu Complex, brought together residents from the estate's nine zones to compete in a variety of

games, including football, volleyball, and board games.

Zande Zone claimed the overall championship for the second consecutive year, amassing 123 points and also taking home the trophy in the tug-of-war competition. Teso Zone finished second with 114 points, excelling in volleyball, while Riverside West, champions of football, secured third place with 87 points.

Simon Peter Kavuma, the community's supreme chairperson, noted that the estate comprises 800 households across nine zones.

PHOTO BY SAMSON SSEMAKADDE



Simon Kavuma (R) handing over the shield to Gabriel Mpuuga