

Kampala welcomes over 60 babies born on New Year's Day

By Farooq Kasule
and Ibrahim Ruhweza

As the Ugandans ushered in 2026, hospital labour wards countrywide welcomed numerous babies.

At Kawempe Hospital, 51 babies were delivered. Statistics obtained from the hospital's executive director, Dr Emmanuel Byaruhanga, show that of the 51, 25 were normal deliveries while 26 were via caesarean sections. Among the 51 babies born, there was one set of triplets.

Mackline Ayinebyona, one of the lucky mothers, expressed joy for

starting a year with a baby.

"I am extremely happy to start a New Year with a gift of a baby. I am optimistic that this year will be more fruitful to me," she said.

Ayinebyona thanked the medics at Kawempe Hospital for the love and care offered to them.

"I want to sincerely thank the doctors here because of the care given to us. They could have gone to celebrate the New Year, but opted to spend it with us," Ayinebyona said.

The report also shows that the hospital had two post-caesarean sections mothers with septic shock



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and an antenatal mother with triplets.

"We thank God that we didn't register any death. I, therefore, thank the health workers and the staff for the job well done," Byaruhanga said.

Parents of New Year's babies often express special joy at welcoming a new beginning. This is because the birth aligns perfectly with the theme of fresh starts, making it feel significant and full of hope.

OTHER HOSPITALS

At Rubaga Hospital, four babies were delivered in the early hours of the New Year. Dr Peter Mutumba

told *New Vision* on Thursday that four babies, two boys and girls were delivered in the hospital.

At Mukwaya General Hospital, which is located on Ggaba Road, one baby boy was delivered at the turn of the New Year.

Four babies were welcomed on New Year's Day at St Francis Hospital Nsambya. Sr Anne Muzaale, the area manager of the Mother Kevin Wing, said two of the deliveries were by caesarean section, while the other two were normal births. Of the four babies born at the Nsambya Hospital, two were boys, and two were girls. ...